

**Second Professional B.A.M.S (Part I) Regular Degree Examinations,
February 2014**

Swasthavritta - I

Time: 3hours

Total Marks: 100

- Answer all questions
- Draw diagrams wherever necessary

Essays

(2x10=20)

1. Define swasthya(स्वस्थ्य) and health. Explain the dimensions of health.
2. Enumerate the ritus(ऋतु). Explain aadana(आदान) and visarga kala(विसर्ग काल). Describe hemant ritucharya(हेमन्त ऋतु चर्य) in detail.

Short notes

(10x5= 50)

3. Explain ritusandhi(ऋतु संधि).
4. Explain the functioning of sewage treatment plant.
5. Benefits of snana(स्नान) and udvartana(उद्वर्तन).
6. Explain anupana(अनुपान) with examples.
7. Indications and bad effects of divaswapna(दिवास्वप्न).
8. Sadvritta(सदपृत्ति).
9. Explain aarogyalakshanas(आरोग्य लक्षण).
10. Explain danthadhavana(दन्त धावन).
11. Describe rapid sand filtration.
12. Explain the role of panchakarma(पंचकर्म) and rasayana(रसायन) in controlling janapadodhwamsa(जनपतोद्ध्वंस).

Answer briefly

(10x3= 30)

13. Define epidemiology.
14. Explain dashavidhapapa karmas(दशविद पाप कर्म).
15. Qualities of vyayama(व्यायाम).
16. Host factors of disease.
17. Samkramika rogas(सांक्रमिक रोग).
18. Jaladoshas(जल दोष).
19. Explain briefly – prevention of air pollution.
20. Benefits of ushna jala pana(उष्ण जल पान).
21. AIDS
22. Describe hardness of water.
